Examination of consistency of QRPA approach to double-beta decay

J. Terasaki Inst. of Exp. and Appl. Phys., Czech Tech. Univ. in Prague

- 1. Brief review of neutrino mass and $\beta\beta$ decays
- 2. Gamow-Teller transition strength
- 3. Self-check of applicability of QRPA
- 4. Result of my calculation
- 5. Summary

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Three generations of neutrino



Neutrino oscillation:

The flavor composition of neutrino changes in flight.

Probability of flavor change $\alpha \rightarrow \beta$

$$\sum_{i=1,2,3} U_{\alpha i}^* U_{\beta i} e^{-\frac{im_i^2 L}{2E}} \bigg|^2 \neq 0, \text{ for } \alpha \neq \beta$$

m_i : eigen mass *L*: flight distance *E*: energy

 \Rightarrow Neutrino is massive.



If the neutrino is a Majorana particle ($v_e = \bar{v}_e$), this decay occurs.

Principle to determine effective neutrino mass

$$\langle m_{\nu} \rangle = \left| \sum_{i=1,2,3} U_{ei}^2 m_i \right|$$

.



Nuclear matrix element



The decay operator used in my calculation is

 $V(r_{12}, E_b) \cong h_+(r_{12})\{-\boldsymbol{\sigma}(1) \cdot \boldsymbol{\sigma}(2) + g_V^2/g_A^2\} \tau^+(1)\tau^+(2)$

Double-Gamow-Teller + Double-Fermi

Status of $0\nu\beta\beta$ nuclear matrix element $M^{0\nu}$



J. Engel and J. Menéndez, Rep. Prog. Phys. 80 (2017) 046301

Check of transition density using Gamow-Teller transition





Isolated points with error bars: exp. data by K. Yako et al. PRL **103**, 012503 (2009)

Solid line: shell-model calculation by Horoi et al.

My idea

The transition operator is $\sigma \tau + \alpha r^2 \sigma \tau$.

 α : phenomenological constant determined so as to reproduce the long low strength distribution in the high-energy region

The excitation by $r^2 \sigma \tau$ is called the **isovector spin monopole** mode.

Interaction : Skyrme SkM* and contact volume pairing interactions



Self-check of applicability of QRPA using twoneutrino double- β decay



The intermediate states are virtual states.

Nuclear matrix element of 2vßß decay (GT component)

$$M_{\rm GT}^{(2\nu)} = 3\langle F_{\rm exa} | \tau^- \sigma_{K=0} \frac{m_e c^2}{H - \overline{M}} \tau^- \sigma_{K=0} | I_{\rm exa} \rangle,$$

 $\overline{M} = (M_I + M_F)/2$: mean value of masses of initial and final nuclei

If the QRPA is a good approximation, two equations are derived which are close to each other:

$$\begin{split} M_{\text{GT}}^{(2\nu)} &\cong 3 \sum_{a_{I}^{K=0}, a_{F}^{K=0}} \frac{m_{e}c^{2}}{E_{aI}^{K=0} - \overline{M}} \\ &\times \langle F | \tau^{-} \sigma_{K=0} \left| a_{F}^{K=0} \right\rangle \langle a_{F}^{K=0} | a_{I}^{K=0} \rangle \langle a_{I}^{K=0} | \tau^{-} \sigma_{K=0} | I \rangle, \end{split}$$

$$\begin{split} \mathcal{E}_{aI}^{K=0} &: \text{ intermediate-state energy obtained using the initial state} \\ a_{I}^{K=0} &: \text{pnQRPA state obtained from the initial state} \\ \end{split}$$

If the QRPA is a good approximation, two equations are derived which are close to each other:

$$M_{\rm GT}^{(2\nu)} \cong 3 \sum_{a_I^{K=0}, a_F^{K=0}} \frac{m_e c^2}{E_{aI}^{K=0} - \overline{M}} \times \langle F | \tau^- \sigma_{K=0} | a_F^{K=0} \rangle \langle a_F^{K=0} | a_I^{K=0} \rangle \langle a_I^{K=0} | \tau^- \sigma_{K=0} | I \rangle,$$

$$E_{aI}^{K=0}: \text{ intermediate-state energy obtained using the initial state} | a_I^{K=0} \rangle: \text{ pnQRPA state obtained from the initial state} | a_F^{K=0} \rangle: \text{ pnQRPA state obtained from the final state} | a_F^{K=0} \rangle: \text{ pnQRPA state obtained from the final state} | a_F^{K=0} \rangle: \text{ pnQRPA state obtained from the final state} | a_F^{K=0} \rangle: \text{ pnQRPA state obtained from the final state} | a_F^{K=0} \rangle: \text{ pnQRPA state obtained from the final state} | a_F^{K=0} \rangle: \text{ pnQRPA state obtained from the final state} | a_F^{K=0} \rangle: \text{ pnQRPA state obtained from the final state} | a_F^{K=0} \rangle: \text{ pnQRPA state obtained from the final state} | a_F^{K=0} \rangle: \text{ pnQRPA state obtained from the final state} | a_F^{K=0} \rangle: \text{ pnQRPA state obtained from the final state} | a_F^{K=0} \rangle: \text{ pnQRPA state obtained from the final state} | a_F^{K=0} \rangle: \text{ pnQRPA state obtained from the final state} | a_F^{K=0} \rangle: \text{ pnQRPA state obtained from the final state} | a_F^{K=0} \rangle: \text{ pnQRPA state obtained from the final state} | a_F^{K=0} \rangle: \text{ pnQRPA state obtained from the final state} | a_F^{K=0} \rangle: \text{ pnQRPA state obtained from the final state} | a_F^{K=0} \rangle: \text{ pnQRPA state obtained from the final state} | a_F^{K=0} \rangle: \text{ pnQRPA state obtained from the final state} | a_F^{K=0} \rangle: \text{ pnQRPA state obtained from the final state} | a_F^{K=0} \rangle: \text{ pnQRPA state obtained from the final state} | a_F^{K=0} \rangle: \text{ pnQRPA state obtained from the final state} | a_F^{K=0} \rangle: \text{ pnQRPA state obtained from the final state} | a_F^{K=0} \rangle: \text{ pnQRPA state obtained from the final state} | a_F^{K=0} \rangle: \text{ pnQRPA state obtained from the final state} | a_F^{K=0} \rangle: \text{ pnQRPA state obtained from the final state} | a_F^{K=0} \rangle: \text{ pnQRPA state obtained from the final state} | a_F^{K=0} \rangle: \text{ pnQRPA state obtained from the final state} | a_F^{K=0} \rangle: \text{ pnQRPA state obtained from the final st$$

Another eq. \cong the same equation except that $E_{aF}^{K=0}$ is used.

Intermediate- state Energy	$M_{ m GT}^{(2 u)}$	$M_{\rm F}^{(2 u)}$	$M^{(2\nu)}$
$E_{aI}^{K=0}$	0.124	-0.0033	0.138
$E_{aF}^{K=0}$	0.112	-0.0052	0.133

The QRPA is a good approximation for ${}^{48}Ca \rightarrow {}^{48}Ti$.

Note

 $M_{\rm F}^{(2\nu)}$ is negligible because of the isospin symmetry;

the strength of the isovector pn pairing interaction = the mean value of those of the pp and nn pairing interactions

Presentation of my result

• Nuclear matrix element $M^{(0\nu)}$

If different effective g_A 's are used, those $M^{(0\nu)}$'s are necessarily different. I use effective $g_A \sim 0.5$. Majority of effective g_A 's are 1.0–1.27.

• Reduced half-life $R_{1/2}^{(0\nu)}$ $T_{1/2}^{(0\nu)} = \frac{R_{1/2}^{(0\nu)}}{\langle m_{\nu} \rangle^2}$

Useful for comparison of calculations using different g_A .

$$R_{1/2}^{(0\nu)} = \left(G_{0\nu}g_A^4\right)^{-1} \left|M^{(0\nu)}\right|^{-2} m_e^2$$



 $T_{1/2}^{0\nu} \cong 2 \times 10^{29} \text{yr}$ (my prediction).

Cf. the age of the universe = $(12-14)x10^9$ yr.

Summary

- 1. Review was presented on the status of the study of neutrino mass.
- 2. The data of Gamow-Teller strength was reproduced by a novel idea. The transition density of my calculation has been checked qualitatively.
- 3. A self-check was made on the applicability of the QRPA using the $2\nu\beta\beta$ nuclear matrix elements; the result is satisfactory.
- 4. The reduced half-life has been shown. If $\langle m_{\nu} \rangle = 10$ meV, the half-life of ⁴⁸Ca to the 0v $\beta\beta$ decay would be $\sim 10^{27} 10^{29}$ yr (range by several independent calculations.).

References J.T. PRC, **86**, 021301(R) (2012); , 024316 (2013); , 034318 (2015); , 024317 (2016); , 034304 (2018)

97, 034304 (2010)

Supplement

Procedure to determine three parameters

- 1) The strength of the isovector pn pairing interaction is equal to the mean value of the pp and nn pairing interactions.
- The strength of the isoscalar pairing interaction is determined so as to have the 0vββ GT nuclear matrix element by the double-β path equal to that by the two-particle-transfer path.
- The effective axial-vector current coupling is determined so as to reproduce the exp. half-life of 2vββ decay.

Features of the procedure

- 1) Isospin symmetry
- 2) Identity under the closure approximation
- 3) The value of g_A is ~0.5. This coupling is applied to the $0\nu\beta\beta$ decay because my $0\nu\beta\beta$ calculation is converged w.r.t. the single-particle space.



Flow of calculation



Mechanism of improvement

Operator r^2 has two components: $0\hbar\omega$ jump and $2\hbar\omega$ jump. The $0\hbar\omega$ -jump component can be represented by $\langle r^2 \rangle_{s.p.}$: expectation value of r^2 with the wave function of the single-particle involved in the charge change

This statement is correct if the isospin symmetry holds, and the charge change occurs between the single-particles sharing the good quantum numbers other than the charge.

Applicable to the $0\hbar\omega$ transition of ⁴⁸Ca

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